

Hutton Rudby Primary School

# Asthma Policy



Approved by: Matthew Kelly

Date: September 2022

Last reviewed on: September 2022

Next review due by: September 2024

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### 1. Aims

Hutton Rudby Primary School recognizes that asthma is an important condition affecting many school children and welcomes all pupils with asthma.

This policy aims to ensure that:

- Ensure that children with asthma participate fully in all aspects of school life, including PE.
- Immediate access to reliever inhalers is provided at all times.
- Staff keep records of children with asthma and the medication that they take.
- All staff who come into contact with children with asthma know what to do in the event of an asthma attack.

### 2. Legislation and statutory guidance

This policy has been written with advice from the DfE's [statutory guidance](#) on supporting pupils with medical conditions

### 3. Medication and Record Keeping

Immediate access to a reliever inhaler is vital.

Inhalers are kept with the first aid box in each classroom and an emergency inhaler is kept in the school office. Children are encouraged to independently use their inhaler where possible and should always tell their class teacher or first aider when they have had occasion to use their inhaler. Staff working with younger children will assist children in using their inhalers as needed.

When a child joins the school, or when a child is diagnosed, parents are required to inform the school if their child is asthmatic. All parents of children with asthma are required to fill out a form and return it to the school office. This form is then kept in the medical records folder.

If any changes are made to a child's medication it is the responsibility of the parents or carer to inform the school.

At the beginning of each term the first aider will check the dates of the inhalers for each child and contact parents if a new inhaler is required.

## 4. PE, School Trips and Outside Activities

Taking part in sports is an essential part of school life. Teachers are aware of which children have asthma and these children are encouraged to participate fully in PE lessons. Teachers will remind children whose asthma is triggered by exercise to take their reliever inhaler before the lesson. Each child's inhalers are labelled and kept in the classroom.

When a child is away from the school on a school trip, club or outside activity it is the responsibility of the class teacher to ensure that their inhaler is readily available to them.

## 5. Asthma Attacks

### 5.1 Asthma Attack

All staff who come into contact with children with asthma know what to do in the event of an asthma attack. The school follows the following procedure, which is clearly displayed in all classrooms.

1. Ensure that the reliever inhaler is taken immediately – 2 puffs at a time.
2. Stay calm and reassure the child.
3. Help the child to breathe by ensuring tight clothing is loosened.

#### After the attack

Minor attacks should not interrupt a child's involvement in school. When they feel better they can return to school activities. The child's parents must be informed about the attack.

### 5.2 Emergency Procedure

If the pupil does not feel better or if you are worried **at any time** before reaching 10 puffs from the inhaler, call 999 for an ambulance.

In the event of a pupil being taken to hospital by an ambulance, they should always be accompanied by a member of staff if a parent or carer isn't present.

## 6. Monitoring arrangements

This policy will be reviewed by Hannah Clark (SENCo) yearly. At every review, the policy will be approved by Matthew Kelly.

## 7. Links with other policies

This policy links to the following policies and procedures:

- Accessibility plan
- Child protection and safeguarding
- COVID-19
- Health and safety
- SEN
- Supporting pupils with medical conditions

## Appendix 1: Asthma inhaler consent form.

PARENTAL REQUEST FOR MEDICATION TO BE TAKEN AT SCHOOL			
Name of child			
DOB:		Year group:	
Medical Condition/Illness:			
Name/Type of medication (as described on the container)			
Expiry date			
Dosage and method			
Time of day medicine is to be administered			
Date and time the most recent dose was given:			
Special precautions/instructions			
Are there any side effects that the school needs to know about			
Procedures to take in an emergency:			
DECLARATION			
<p>The above information is, to the best of my knowledge, accurate at the time of writing and consent to the school staff administering medicine in accordance with the school policy and the prescribers instructions.</p> <p>I will inform the school immediately if there is any change in the dosage or frequency of the medication or if the medication is stopped.</p>			
Signature of parent/carer			
Date			