Stride Investigation

The BFG is very tall and has huge strides. Can you measure your longest stride.

Does it make a difference if you are running?

Who has the biggest stride in your family?

How much bigger is it than yours?

Normal stride from standing position

|  |  |
| --- | --- |
| Name | Stride length  (cm or m) |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

Stride from a run

|  |  |
| --- | --- |
| Name | Stride length  (cm or m) |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

Compare the stride lengths and put them in order.

Challenge: Can you remember how many cm are in a m. Can you convert longer stride lengths into cm?

Objects in my house

|  |  |
| --- | --- |
| Object | Length  (cm or m) |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

Compare the object lengths and put them in order.

Challenge: Can you remember how many cm are in a m. Can you convert longer object lengths into cm?