

Stride Investigation

The BFG is very tall and has huge strides. Can you measure your longest stride.

Does it make a difference if you are running?

Who has the biggest stride in your family?

How much bigger is it than yours?

Normal stride from standing position

Name	Stride length (cm or m)

Stride from a run

Name	Stride length (cm or m)

Compare the stride lengths and put them in order.

Challenge: Can you remember how many cm are in a m. Can you convert longer stride lengths into cm?

Objects in my house

Object	Length (cm or m)

Compare the object lengths and put them in order.

Challenge: Can you remember how many cm are in a m. Can you convert longer object lengths into cm?