







# Feel Good Friday

Time	Activity Ideas
9:00	Welcome to Feel Good Friday – Whole School Assembly with Miss Clark 
9:30	Express Yourself – do something that helps you express yourself!
10:00	Get Active with Mrs McGurk 
10:30	Art Project – Feathers (Info will be shared by your child's class teacher)
11:00	
11:30	Build a den to eat lunch in
12:00	Lunch Time
12:30	Story Time with Mr Kelly 
1:00	Go Outside and collect natural objects to make a winter collage with
1:30	
2:00	Spend Time with your Pets (if you don't have any pets, borrow ours – Fishy Friday with Mr Beckwith 
2:30	Write a letter to/call someone you miss and ask them how they're doing.
3:00	Story Time with Mr Kelly 

- This timetable is only meant as a guide, please feel free to pick and choose as you like!
- Any activity that has a  will have a video to go with it. The videos will be uploaded onto the website on Thursday evening in our Feel Good Friday section of the website (under Home Learning)